



Your Apria Sleep Therapy

Quick Start Guide

React Health Luna® II

Formerly known as 3B Medical, Inc.

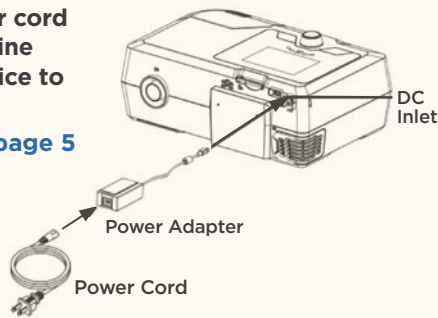
LET US
HELP!



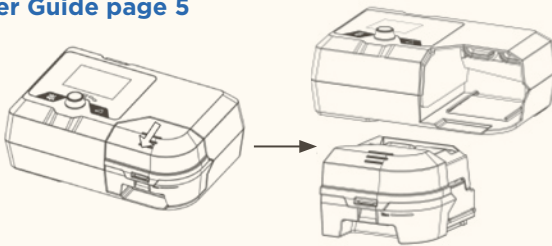
Get Started

Reference your [Apria Sleep Therapy User Guide](#) or go to Apria.com/Sleep for more details.

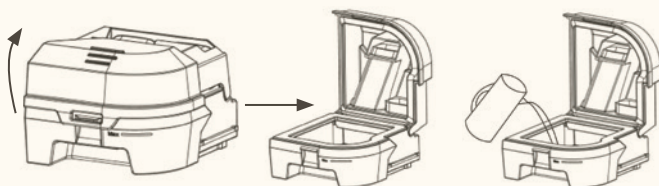
- 1** Attach the power cord to the PAP machine and connect device to a power outlet.
See User Guide page 5



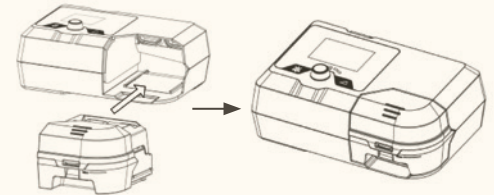
- 2** Remove the water chamber from the PAP machine.
See User Guide page 5



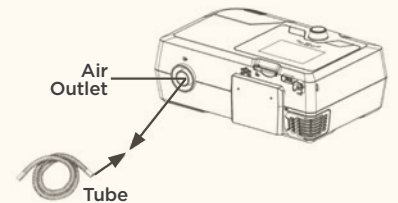
- 3** Open the water chamber lid and fill with water.
See User Guide page 5



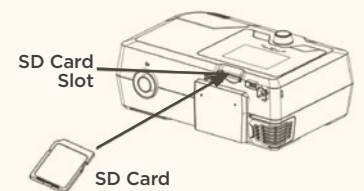
- 4** Reinsert the water chamber into the PAP machine.
See User Guide page 6



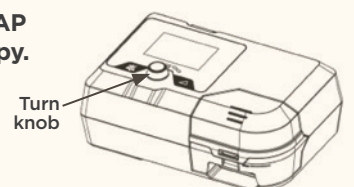
- 5** Connect the tubing to the PAP machine.
See User Guide page 6



- 6** If you received an SD card, insert it into the SD card slot.
Note: Newer devices do not need an SD card.
See User Guide page 6



- 7** Turn knob to power on PAP machine and begin therapy.
See User Guide page 12



- 8** **Fit your mask. If your doctor prescribed a specific mask and size, follow the fitting instructions provided by the manufacturer. If you received a mask with multiple cushions, follow these instructions:**

There is a mask cushion currently attached to the frame of your mask. This size fits most patients. Once you begin therapy, if your mask is leaking or feels uncomfortable, try removing the existing cushion and replacing it with a different size cushion. If you are between sizes, it is best to use the larger cushion. Use the Fitting Template (for nasal mask and full face mask) and/or the manufacturer's instructions included with your mask for help.

See User Guide page 7



Nasal Mask

Nasal Pillow Mask

Full Face Mask

- 9** **Put on your mask.**
See User Guide pages 8-10

- 10** **Attach the tubing to the PAP machine.**
See User Guide page 11

- 11** **Attach the tubing to your mask.**
(If using prescribed oxygen, consult page 12 in your **Apria Sleep Therapy User Guide**.)
See User Guide page 12



- 12** **Lie down and take four deep breaths.**
The machine should start automatically. If you do not hear the machine start, press the Start Therapy/Standby button. Relax and begin to take slow breaths through your nose.
See User Guide page 12

- 13** **Check for air leaks.**
Small leaks are acceptable. If large leaks occur, consult your **Apria Sleep Therapy User Guide**.
See User Guide pages 12-13

- 14** **Your setup is complete. You are now ready to begin your PAP therapy!**
See User Guide page 14

- 15** **Make sure to follow the cleaning and maintenance instructions provided and review the recommended supply replacement schedule.**
See User Guide pages 19-20



If you have any questions or need help setting up your device and getting started, please call us or visit [Apria.com/Sleep](https://www.apria.com/sleep).

877.265.2426

Monday - Friday: 8 a.m. - 10 p.m. ET
Saturday: 11 a.m. - 7:30 p.m. ET